



Nicole Bandes
Speaker, Trainer, Coach

Getting You Unstuck: When Everything Else Just Isn't Working

Nicole Bandes was tired of “it” not working. With a degree in Psychology, Nicole has always sought a better understanding of individuals and personal development for her own benefit and for the benefit of those within her various businesses. Through several different programs and trainings, books and seminars, Nicole was frustrated with the notion that what she was learning just wasn't working for her or those around her. Finding a true passion and skill at helping others and herself where other programs and systems have failed, Nicole decided to make a difference. Nicole now shares her knowledge and skills with others.

Nicole has a way with connecting with her audience. She brings tough concepts into easy to understand terms. Nicole uses stories and analogies to help individuals have a better grasp of her points. In addition, Nicole uses exercises and activities to engage the audience for a deeper level of understanding.

“I recently attended an event where Nicole was one of the featured speakers. Not only was the information she shared valuable to me personally and professionally, her animated presentation style was refreshing! I look forward to attending another one of her sessions in the future.” — Lori Wieters, Ph.D.

“Nicole is a dynamic speaker, very comfortable on the stage but makes you feel like she's just talking to you. She uses colorful examples, and keeps you engaged. Put her on the stage and relax, she will get the job done!” — Kevin Mogavero, Six Degrees Leadership

Most requested topics

- **How to Reprogram Your Fear So You Can Succeed at Anything!** – Fear stops us from reaching many of our goals. We struggle to overcome the overwhelming feelings long enough to act. Learn the process to overcome your fears and begin with some useful tools.
- **Making the Law of Attraction WORK!** - The Law of Attraction can be a powerful tool within our success arsenal if we learn how to effectively put it into action. Learn the steps and techniques to making the most of this principal.
- **How Can I Be Positive When There is Nothing to Be Positive About?** – We are surrounded by negative thoughts and information. Learn the skills necessary to deal with this negativity whether it is from the outside world or from within.



For Contact Information:

Nicole Bandes
Golden Eagles, LLC
19841 N 14th St
Phoenix, AZ 85024
602-845-9855
Nicole@NicoleBandes.com

www.GoldenEaglesCoaching.com